

Paulinian Post

July 2026

ENGLISH NEWSLETTER

Issue 9

Time to Shine: a Year to Remember!

It has been another incredible year of learning and laughter at St. Paul's Primary Catholic School! This year was packed with fantastic events that let us all shine! We kicked up our school spirit during the sunny Sports Day, where everyone cheered each other on for those winning ribbons. English Wonderland came alive during our in-school drama competition, prepared by EAT members. All participants showed off their brilliant acting and teamwork skills through the amazing performances.

Our school also threw open its doors for Open Day, where we were so proud to show our families and guests the fantastic work filling our classrooms and corridors. Finally, primary 6 students headed off for their unforgettable graduation camp—a final adventure together filled with challenges and special memories, before they prepare to say goodbye. We have had an amazing year and cannot wait to see what the next one brings!

Let us celebrate!



Camp Chronicles: The Primary 6 Edition

Primary 6 students of SPPCS went to a two-day Graduation Camp in April. Let us have a look at how it was.

Time flies, and our graduation is drawing near. To treasure the final moments of our primary school life and to learn how to take care of ourselves, we went to Po Leung Kuk Jockey Club Pak Tam Chung Holiday Camp.

On the first day, we participated in a time-bound points challenge. Each task tested our cooperation and communication skills, and we had to complete it within a limited time to earn points. Some challenges were tough, but through our unremitting efforts and teamwork, we finally managed to overcome the boundaries that held us back. We also took part in an exciting catch-the-flag competition, which challenged our creativity



and ability to think of tactics to outsmart the opponent and capture their flag. The camp also taught us the importance of time management. We needed to wake up on time and tidy our rooms before starting the activities, and it helped us develop discipline and responsibility.

The following day, we played games that challenged our brains and brought back our childhood memories. One memorable activity was 'Guess the Author'. The teachers gave us a piece of writing done in P.1-2 and we had to guess who wrote it. The results were astonishing— many of the authors themselves could not even remember writing those passages!

Overall, the camp was both enjoyable and challenging. It strengthened our friendship, collaboration skills and created a precious memory that will forever remain in our hearts.

 Santorini Lai 6C





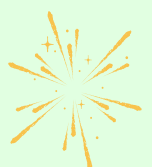
Time has flown by in the blink of an eye. It feels like just yesterday we were anxious little Primary One kids, wearing masks that were bigger than half of our faces. And suddenly, we are saying goodbye to our primary school. Our Primary Six graduation camp was a once-in-a-lifetime experience, starting with an

exhausting yet thrilling scavenger hunt which had us dashing across the field, completing challenges that truly tested our teamwork.

Then came a moment none of us expected. Just before we headed to our bedrooms for the night, our teacher gathered us in a circle and showed photos taken during our Primary One days, tiny little versions of ourselves with missing teeth, oversized uniforms. We were so embarrassed! That night, we stayed up playing card games, telling silly jokes, and laughing until our stomachs hurt. We pulled an all-nighter, which was an unforgettable experience.

When morning came, I didn't want to leave, not just because the whole experience was fantastic, I realised that I am closer to stepping into a new chapter, and a secondary school is waiting for me. I know I will miss my friends deeply - their smiles, our inside jokes, the way we grew up side by side. No matter what the future will be, I will treasure these memories forever, these childhood memories I will never let go.

💠 Vincci Leung 6D



♥ Favourite Memory of the Year ♥

On a sunny morning in mid-May, I woke up early with a heart pounding with excitement. It was my school's Sports Day, and I was competing in the 100-metre race.

When I arrived at the sports ground, the cheering crowds and colourful banners made me even more nervous. Standing at the starting line, my hands were sweating. I took a deep breath, crouched down, and waited for the signal.

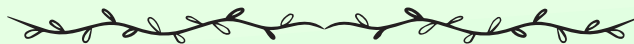
'Bang!' The race began. I exploded forward like an arrow and pumped my arms as hard as I could. Within seconds, I glanced sideways and realized I was already leading the way! I crossed the finish line first, and it was an absolute thrill.

After comparing the times of all the groups, I was overjoyed to learn that I won the Overall First Runner-Up for the entire grade!

Standing on the podium with my silver medal, I felt incredibly proud. This experience taught me that with determination I can overcome my nerves and achieve my goals. I cannot wait to run even faster next year!



🎀 Ashley Wong 4A

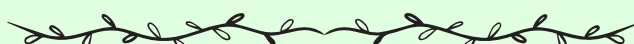


My favourite memory of this year was serving as the judge during the drama competition. Thinking of upholding this responsibility was heavy at first, but the moment the first group of students stood in the middle of the room, preparing to perform, my nerves vanished.

The other judges and I listened carefully to every performance and made careful decisions, ensuring every decision was fair. This role helped me to develop leadership and think more quickly.

It was great to see our ideas come true, especially when people were enjoying the topics that we picked. Watching the winners smile widely made our hard work pay off.

🎀 Stephanie Yip 4C



My absolute favorite memory of this school year was our outdoor field trip to the nature reserve. After months of sitting behind desks and staring at whiteboards, escaping into the fresh air felt incredible. The morning started with a bumpy bus ride filled with loud singing and shared snacks, setting the perfect mood for the day ahead.

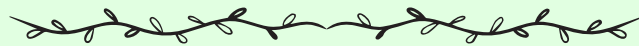
After we arrived at the venue, our teacher gave us important safety tips that we had to follow. Right after that, we ran to a sunny grass field, spread out our picnic mats, and enjoyed a relaxing picnic. We played board games, laughed at silly jokes, and ate many delicious snacks like sandwiches, fruits, and homemade brownies!

As the afternoon unfolded, we followed a guided trail through the lush forest. We spotted colorful birds, butterflies, and took a photo together. Even though we got lost in the park, we worked together and finally found the cafeteria. The fresh scent of trees and the sound of leaves rustling in the breeze made everything feel peaceful and alive.

What made this day unforgettable was the freedom and joy we shared away from the classroom. It strengthened our friendships and reminded me how much there is to learn and appreciate in nature. That field trip was more than just a school outing – it was a refreshing break that filled my heart with happy memories I'll cherish for a long time.



Alyssa Tung 5A



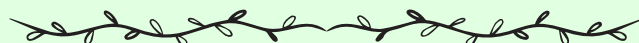
Being an English Ambassador was a great experience because of how closely I got to work with my team. Our main job was to run the lunch recess English games, which were very popular due to our constant reflection on how to help other students practice their English in an engaging and fun way.

The best part was definitely the brainstorming sessions with the other ambassadors. It was great to see our ideas work in real life, especially when the P1 and P2 students got competitive trying to win the prizes we handed out.

This role really showed me how much we can achieve when we work as a team. It was not about a single person taking charge, it was about all of us helping out every day to make sure the games ran smoothly. This was an awesome experience and I loved preparing the activities.



Kelly Kam 4C

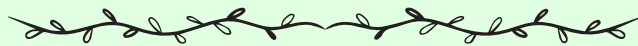


My favourite moment of the year was when Bella and I bonded over 'Epic the Musical'. At first, I did not know that she knew 'Epic the Musical' but after seeing her positive and energetic personality, I wanted to be her friend. But then, one fateful lesson... I heard her singing 'Get in the Water' (sang by Poseidon) and in my mind, I was like: Unbelievable! I did not have an idea she knew 'Epic the Musical'. It was even better! I can bond with her over that, can't I? I'm gonna be friends with her, yayayayay, yippee!

But I could not muster the courage to talk to her because I had never talked to her or interacted with her before! I was pretty sure that she did not know I existed. But in the next lesson, she was near my group and right next to me, so I was confident that I could strike a conversation with her, since she was already chatting with my friends.

I said, 'Hey Bella, I like 'Epic the musical' too! Can we be friends? I wanted to be friends with you for a long time. Please!' And we became friends!

The next lesson after that, I grabbed a puppet and started playing with it. Then she came over and said, 'You are bad at puppeteering. You aren't a puppeteer, you know?' And the first thing that came to my mind was Circe (a character from Epic the musical). Then, I replied, 'Because I'm not Circe.' And she said, 'Wow! You got the joke! I can't believe it!!'

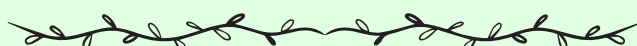


Sophia Yip 4B

My favourite memory of this year is probably the graduation camp. The graduation camp was a great opportunity to let me connect with people in our class and our grade. Moreover, I absolutely loved the enthusiasm and ambition of our teammates; everybody was doing their best and volunteering for our team. That led our team to the victory in the games!

One of the most memorable moments happened during our second team game where everyone had a character and it was basically like Animal Checkers in real life. At our last match of that game, all of my teammates were eliminated and I was the only one left in the match. I felt anxious since the match depended on me. At that moment, my teammates shouted and cheered for me. I realised that they were always on my side and I felt encouraged. I tried my best and ran as quickly as I could when the game started again after a break. Unfortunately, I did not make it through the defence and our team lost. My team did not blame me; instead, they cheered for me. I'm really glad that our team had such an enjoyable time together and built a strong trust among ourselves.

This memory has replayed in my head multiple times. Every time it played in my mind, the team spirit and passion made me feel grateful.



Cheryl Gan 6D

As my life at this school is concluding, I would like to share my favorite memory of this year one last time. Without a doubt, I can say that my most favorite memory would be joining the skipping team.

Being in the skipping team was not easy. My teammates and I had to practise intensely for our three main goals: first, the performance on Sports Day; second, the performance on Open Day; and finally, our biggest competition, which is called the Jumper Contest.

Many of us, including myself, were not very good at jumping rope because we did not have any experience. However, our coaches guided us with great patience. Although we made many mistakes, they always forgave us and continued to teach us until we got it right! Even though the training was quite demanding, our perseverance allowed us to perform successfully on Sports Day.

That day, we all went to a large sports ground. The stands were packed with parents, teachers, students, and even guests from other schools! We were all incredibly nervous, which caused us to make a lot of mistakes during the performance. Fortunately, we genuinely enjoyed the process of performing, and we realised that we needed to work even harder to achieve our next two goals.

On Open Day, there were also many visitors from different schools and kindergartens. Thankfully, we managed to stay calm and cooperate effectively so our performance was much better than we had expected. We were all relieved.

Our final goal was our very first competition, the Jumper Contest. This is an event where numerous schools across Hong Kong participate. We truly believed in ourselves, kept skipping despite facing failures, and achieved 6th place in the competition. Although we did not win the championship, we had an unforgettable time together.

Lastly, I would like to express my deepest gratitude to my coaches. Thank you for being so patient, kind, and always willing to help my teammates and me. Thank you for your unconditional support. I would love to continue rope skipping even as I grow older.

 Yui Yokoinai 6D



Welcome a Newborn Maya!




Our little Maya, who arrived on 27th February 2026, has completely transformed my world in the four short months since her birth. She has moved from being a sleepy newborn to a wonderfully alert baby, who now rewards us with the most glorious, gummy smiles that absolutely light up the room. We spend our days captivated by her growing curiosity—she studies the patterns on her toys and has recently discovered her own hands, often lifting them up. She really enjoys making sounds, her coos and gurgles are my favourite new language.

During her awake time, we read books in two languages to Maya, take her for a walk and just spend time together. She teaches me all about patience, unconditional love, and the pure joy found in every moment. While my students learn about verbs and vocabulary, my most important pupil at home is teaching me a whole new way of being. I am so deeply in love with our daughter and excited for every new discovery that lies ahead.

Ms Daria





Wishes for the Next Year

Everyone and I in primary 6 will be graduating soon, I would like to say thank you to this school; it has taught me so much and I am grateful to be a part of this community. But all good things must come to an end and next year we will all start a new chapter by going to a secondary school, so I want to express my wishes for the new year.

I wish for everyone and me to be able to get used to secondary school life quickly. I know that there will be a big change since there are many more subjects and more extracurricular activities than at a primary school, it might take a while to get used to. There will also be some new faces like teachers and classmates. I hope that everyone can get good grades and make it into the teams they want in secondary.

Lastly, I wish that my friends, teachers and I can stay in touch since some of my friends will not be going to the same school as me. They have all been a huge part of my memories in SPPCS and a new school will not be the same without them.

 Amelia Ng 6D


The 2025-2026 school year is almost coming to an end, and these are my wishes for the next year!

First of all, I would like to have more opportunities to go on stage and share our interesting ideas or activities with the rest of the schoolmates. It can let others know that English is way more fun than they think! Helping others to learn more about English is our job.

Second, I want to participate in more competitions like 'Filmit', which our school entered this year. It may be drama or story making. I like challenging myself and create something with my teammates.


Third, I wish to lead my teammates to brainstorm many cool, interesting new ideas. Next year I will become a primary six student, I hope to lead my teammates to make our ideas come true.

 Paisley Ng 5A




Being an English Ambassador this year has been a really great experience. I took part in the competitions and gave a lot of presentations. These activities really helped me speak English in front of audience more easily. Now I feel more confident when I am speaking in front of the students during English lessons. I also made many friends who like English just like me. My biggest wish is to keep being an ambassador so I can help my classmates who are too shy to speak up in English.

Apart from being an ambassador, I have things that I want for myself. I want to be a more patient and gentle person. I want to try new things and spend more time with all of my friends who like English and the same activities.



Hannah So 5D

I wish I could be an English ambassador next year again because I would love to help teachers to organize different activities and encourage my school friends to speak English. Plus, I really want my school friends to listen to the rules in English Wonderland to make Wonderland safer, quieter and better. Lastly, thank you all the teachers in EAT for teaching me how to be a good English ambassador.



Jasmine Sy 4A

As we look forward to the upcoming year, I wish for continued growth and success as an English Ambassador. My hope is to inspire more students to embrace the beauty of English language and to foster love for learning through engaging activities and meaningful communication. I aspire to create a supportive and inclusive environment where everyone feels confident to express themselves and improve their language skills.

Additionally, I wish to build stronger connections with fellow ambassadors, teachers, and students to promote cultural exchange and mutual understanding. I believe that language is a powerful tool that bridges gaps and opens doors to new opportunities.

Most of all, I hope to stay motivated, dedicated, and enthusiastic in helping my peers improve their English. I am excited to make a positive impact in our school community and to support everyone in achieving their language goals in the year ahead.



Charisse Lo 5D





Book Recommendations

Here are some book recommendations from our English Ambassadors.
Let's read these books in summer!

Call of the Wild by Jack London

Call of the Wild is a story written by Jack London. Its main character is a dog called Buck. He has been taken and bought by some cruel masters many times. Buck suffers from a lot of pain. Will he escape from the cruel masters? Read and find out.

My favourite character is Buck as he is brave to do what he wants and he deeply inspires me. He won't let his destiny be easily determined by humans because he belongs to the wild. Finally, he returns to the wild and joins the wolves. I love how the author describes the characters' actions and emotions. It is clear so we can easily follow what the author writes.

Alina Liang 6B



Smile by Raina Telgemeier

Hi, I'm Cheryl! Today I would like to share one of my current favourite books - Smile. This book talks about a secondary student named Raina. She used to smile a lot. However, after she fell and her teeth got knocked out, she had to wear the bracelets to fix her teeth. When she returned to school, the endless pain from the bracelets and mean comments made her feel extremely tired. Since that, she started to hate showing her teeth, especially when she smiled. My favourite part of the story is when Raina overcame all the difficulties and could confidently smile again.

I think this book is suitable for all ages since it is a comic. It is not just funny but teaches us to be confident!

Cheryl Gan 6D

Witchstorm by Tim Tilley

I recommend the book called 'Witchstorm' by Tim Tilley. This book is about Will Northey, Madga and Hildreth - when Will's mother vanishes, he follows the clues from her stories about a lost witch ancestor, Agatha Crow. He teams up with Magda (a witch who crashed her broomstick) to find a legendary storm-stone that can control the weather. They must find it before the evil Hildreth uses it to flood the Fens. If you want to know more about the book, buy or borrow it!

Alyssa Tung 5A



A Rising Star Lara Raj

Bella Lee 6B

What is a dream? A dream can mean many things, like the ones you have while sleeping, or an unrealistic reality. But most importantly, it can also mean an ideal, or something you wish to achieve, for example, I wish to publish a book.

The Debut: Dream Academy is a 2023 international talent competition and reality series created by South Korea's HYBE (the label behind BTS and other groups) and American-based Geffen Records. The plan was to make a global girl group out of 20 finalists. The show has produced 2 of these groups: KATSEYE and Saint Satine. One of the KATSEYE members is Lara Raj, a famous vocalist, known around the globe for having siren-like vocals which hypnotises all the audience. And today I want to introduce her to everyone!

Lara Raj, or Lara Rajagopalan, was born on November 3rd, 2005. Raj spent her childhood in Dallas before moving to New York City. In New York, Raj attended middle school at Professional Performing Art School and high school at LaGuardia High School. She started performing at 5 years old, taking advanced vocal lessons, participating in training and classes.

Lara Raj started to gain popularity by posting song covers on social media platforms, which led to her being scouted to join The Debut: Dream Academy, and by the finale in November 2023, Lara placed 2nd, securing her spot in the girl group KATSEYE. Lara now is the main vocalist of her group, adding a beautiful touch to the songs the group produces.

Lara's life is full of adventures and new experiences. It is so wonderful to just see her rise to fame because she really deserves to showcase her amazing vocals and talent. We can also learn from her perseverance as constant trainings can be very stressful for some, but Lara survived and thrived from it. We should follow our dreams for a bright future and work hard for the dream to blossom into reality.



A Farewell from Miss Ale

Dear Paulinians!

As our school year comes to an end—and so does my time at SPPCS—I would like to kindly say goodbye and express my heartfelt gratitude to all of you.

First, thank you to all our teachers, parents, and school staff for your invaluable support and patience throughout this year. And to my fellow students, thank you for inspiring me with your love of learning and your joy for life. Thank you as well for welcoming me so warmly at every time and in every way. To everyone who has been part of this journey, thank you for sharing so many meaningful moments filled with learning.

As I begin new adventures ahead, I will carry with me all the fond memories, the lessons I've learned, and the giggles we shared together.

I wish you all the very best in your school life. Most of all, please stay happy and healthy!

Warm wishes,
Miss Ale



Calling for Submissions

Dear Paulinians,

The SPPCS school newsletter is a wonderful opportunity to share your creativity and showcase the amazing things happening in our school community.

Ideas for submission:

- Creative Writing: short stories or letters
- Book/movie/food reviews
- Travel experiences
- Classroom Highlights: fun projects or activities from your class

To submit, please email your work to pospelova@sppcs.edu.hk anytime. Remember to include your full name and class so that I can find you at school for comments or editing.

Let's make our school a canvas for creativity—every student has a unique spark waiting to shine!

Thank you for your contributions!

Warm regards,
Ms Daria
Editor-in-Chief, Paulinian Post

