

Paulinian Post

March

ENGLISH NEWSLETTER

Issue 5

English Fun Day: A Magical Disney Experience

This year's English Fun Day at SPPCS was a tremendous success, bringing the magic of Disney to life! Organised by the English department with the wonderful support of parents, the event saw students dressing up as their favourite Disney characters, creating a fun and festive atmosphere.

From classic princesses to scary villains, the creativity on display was truly impressive. The day was filled with fun activities, games, dancing, drumming and even a pick-n-mix candy stall!

We were excited to welcome kindergarten visitors who joined in on the festivities, making the day even more special. The smiles, laughter, and shared excitement among students of all ages highlighted the spirit of community at our school.

A big thank you to everyone involved in making English Fun Day a memorable event. We look forward to more magical moments in the future!





Cheers to New Chapters

In this section, we celebrate the wonderful milestones in our teachers' lives, from the arrival of new babies to the joy of marriage. This special space is dedicated to sharing heartwarming updates and personal achievements, highlighting the beautiful moments that bring our community together. Join us in honouring these joyful occasions and the incredible journeys of our teachers!



Ms. Mak's Wedding

We are thrilled to share a joyous announcement with our school community! Our beloved 6D class teacher, Ms. Mak recently tied the knot! She had a lovely day full of celebrations surrounded by family, friends and her students.

We wish the happy couple a lifetime filled with love, happiness, and wonderful memories as they embark on this new journey together. Please join us in congratulating them and celebrating this special milestone!



Ms. Chan's Wedding

We are also overjoyed to announce that Ms. Chan has recently married! Some students were even lucky enough to be invited to the wedding. A day spent creating cherished memories for the happy couple and their loved ones.

As they embark on this beautiful journey together, we wish them an abundance of joy, laughter, and love. We are so excited for them and can't wait to hear about their adventures as a newly married couple!



Ms. Chau's Baby Boy

We are thrilled to share that Ms. Chau has welcomed a charming baby boy into her family! This little one is already filling hearts with joy.

As Ms. Chau embarks on this exciting journey of motherhood, we send our warmest wishes for happiness and love in this new chapter of her life. Let's celebrate this wonderful news together!

Students make a difference with Box of Hope Donation

Our P6 and P2 students participated in the Box of Hope initiative, demonstrating their commitment to helping underprivileged children in Asia. The students worked diligently to assemble donation boxes filled with essential items such as school supplies, daily necessities, and toys.

The students learned about the importance of empathy and giving back to the community. They took great care in selecting items that would bring joy and support to children in need.

The initiative not only fostered a sense of teamwork among the students but also inspired them to think about the impact they can have on the lives of others. The boxes were distributed to children across Asia at Christmas, ensuring that their generosity reaches those who need it most.

A heartfelt thank you to all the students who participated for their hard work and compassion. Together, we are making a positive difference in the world!



Teddy's Big Day at School!

Woof! Woof! It's Teddy here. I'm excited to share my latest adventure with you. I had the best time visiting SPPCS to talk about something super important: responsible pet ownership!

As soon as I woke up, my tail was wagging like crazy! I was so excited. When we arrived at the school, I was greeted by so many friendly faces. The students in P2 were all waiting for me with big smiles. They were so well-behaved! Miss Marie introduced me and shared some of my favourite things about being a dog. She talked about how important it is to have a loving family, regular vet check-ups, and, of course, lots of playtime! The girls at SPPCS asked some really smart questions and I was impressed.

After our chat, I showed the students how to properly pet a dog (gentle pats, please!). After such an exciting day I was so tired that I fell asleep in the taxi home. Miss Marie cooked me salmon (my favourite) for dinner for being such a good boy.

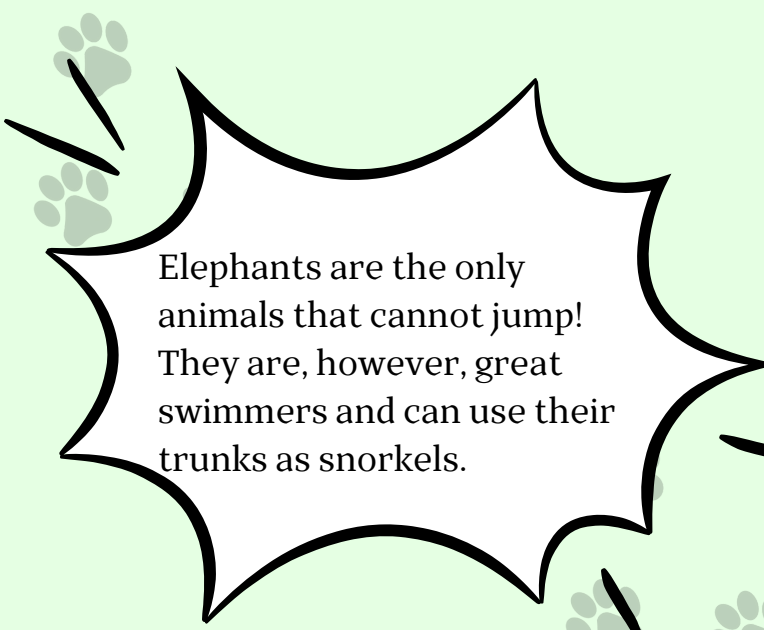
Thank you, P2, for being such great listeners! I hope you all remember to take good care of your pets, just like Miss Marie takes care of me. Until next time, keep wagging your tails and spreading kindness!

With paws and licks,

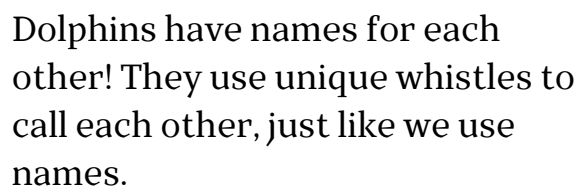
Teddy



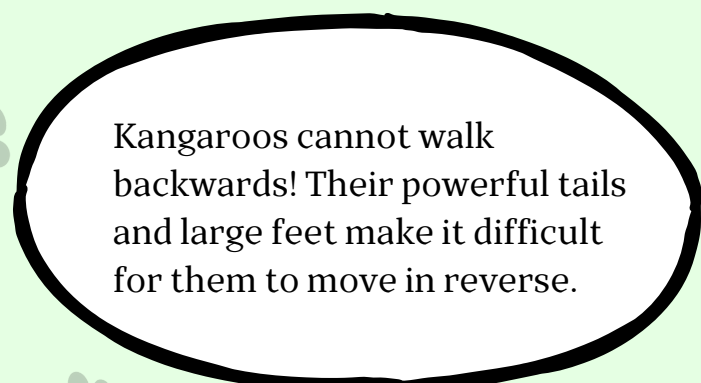
Fun Facts about Animals



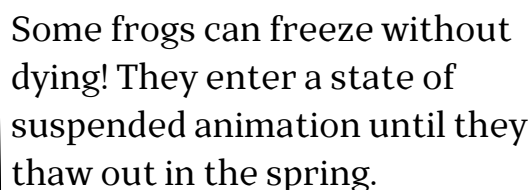
Elephants are the only animals that cannot jump! They are, however, great swimmers and can use their trunks as snorkels.



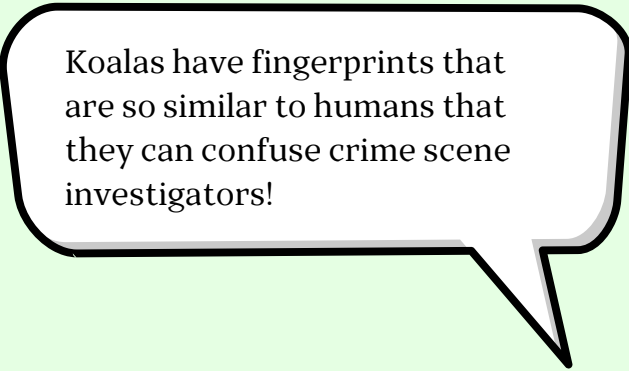
Dolphins have names for each other! They use unique whistles to call each other, just like we use names.




Kangaroos cannot walk backwards! Their powerful tails and large feet make it difficult for them to move in reverse.



Some frogs can freeze without dying! They enter a state of suspended animation until they thaw out in the spring.



Koalas have fingerprints that are so similar to humans that they can confuse crime scene investigators!



Honeybees communicate by doing a 'waggle dance'! This tells other bees where to find flowers with nectar.

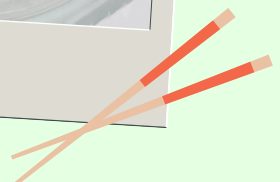
P2 Master Chef Junior: A Delicious Success!



This week, our talented young chefs in P2 put on their aprons and showcased their amazing cooking skills! The highlight of the session was making their very own temari sushi balls.

With creativity and enthusiasm, the students carefully shaped the rice and decorated their sushi with fresh ingredients like salmon, tuna, and vegetables. It was a fun and hands-on experience that allowed them to get creative.

Everyone enjoyed tasting their delicious creations, and the session was filled with smiles and excitement. Well done to our little chefs—we can't wait to see what they cook up next!



Healthy Snack Ideas

1. Veggie Faces

Ingredients:

- Whole grain crackers
- Hummus (or cream cheese)
- Sliced vegetables (cucumbers, bell peppers, olives, cherry tomatoes, etc.)
- Cheese slices (optional)

Steps:

1. Spread: Take a whole grain cracker and spread a layer of hummus or cream cheese on top.
2. Create Faces: Use the sliced vegetables to create eyes, a nose, and a mouth. Get creative!



2. Apple Sandwiches

Ingredients:

- Apples (any variety)
- Nut butter (peanut butter, almond butter, etc.)
- Granola or raisins (optional)

Steps:

1. Slice Apples: Core and slice the apples into rounds.
2. Spread Nut Butter: Take one apple slice and spread nut butter on one side.
3. Add Toppings: Sprinkle granola or add raisins on top of the nut butter if desired.
4. Make Sandwiches: Top with another apple slice to make a sandwich.



3. Mini Pita Pizzas

Ingredients:

- Whole grain pita bread
- Tomato sauce
- Shredded cheese (mozzarella or your choice)
- Toppings (sliced bell peppers, mushrooms, olives, etc.)

Steps:

1. Preheat Oven: Preheat your oven to 375°F (190°C).
2. Spread Sauce: Place the pita bread on a baking sheet and spread a layer of tomato sauce on each.
3. Add Toppings: Sprinkle cheese on top and add your favourite toppings.
4. Bake: Bake in the oven for about 10-15 minutes, or until the cheese is melted and bubbly.



Teacher's Choice

Things teachers love! From fun books and films to cool places to visit, there is something for everyone to enjoy!

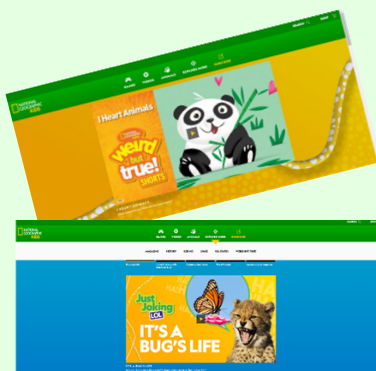


I want to recommend a place I truly love: KidZania. This interactive city caters to children aged 1 to 14, offering them the chance to explore various professions through role-playing. Have you ever dreamt of baking your own pizza at 'Pizza Hut'? Or perhaps streaming the news or flying your own airplane? This is your chance! I visited KidZania Mexico with my niece and nephew, and we all had an amazing time! KidZania Hong Kong is set to open its doors in May 2025. Stay tuned!

Miss Ale

I would like to recommend a film I watched over Chinese New Year: 'Inside Out 2'. This entertaining film takes us inside Riley's mind as she navigates new emotions and becomes a teenager. It has fun characters, humor and helps us to understand our feelings. I really enjoyed this film and think you will to!

Miss Marie



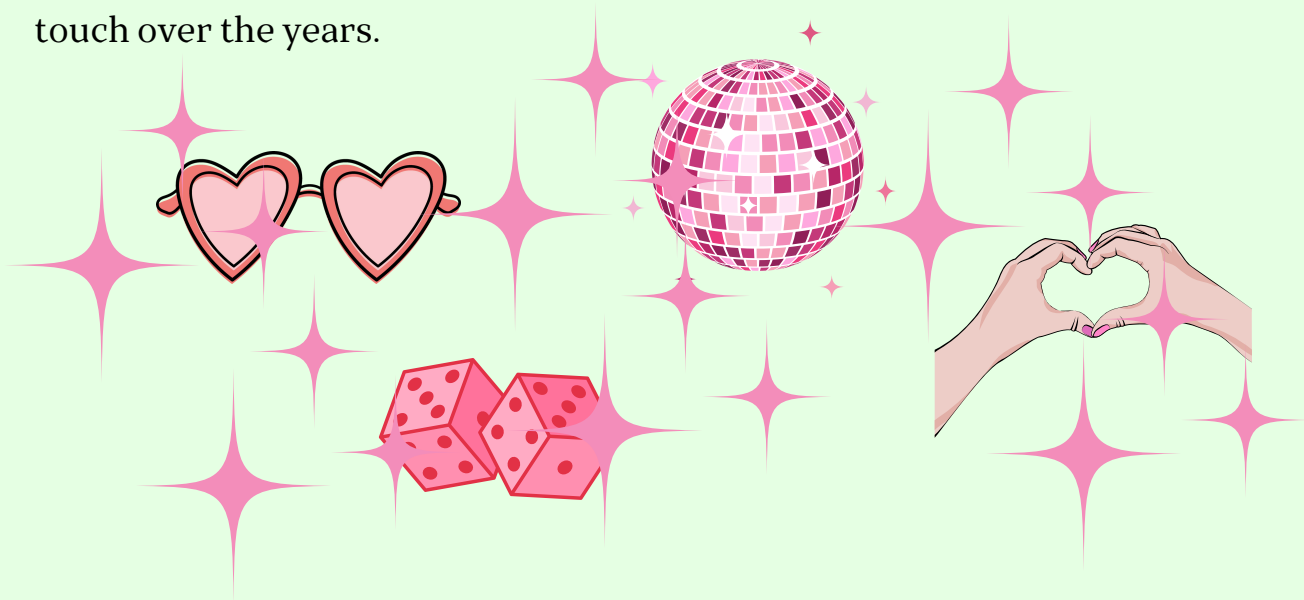
Hello, everyone! National Geographic Kids is a website full of videos about amazing animals, weird but true fun facts about everything and interesting games. I especially enjoy watching the videos about wildlife. Embark on your adventure and explore the wonderful world by checking out the website!

Ms. Leung

Bonnie's Hollywood Adventure

Hazel Wong, 6D

Today was Christmas and Bonnie (a Disney fan) was bored and wanted to go to Hollywood to live the American dreams with her friends. Unfortunately, they were short of money and ended up going to the beach. After a few hours, they wanted to set off to sea and explore so they found a speedboat and sped off into the distance. At first, the waves were very calm but after a few hours of sailing the waves started getting very rough and caused the speedboat to breakdown. Stranded at sea, Bonnie and her friends could only hope that someone could help them. Whoever knew that at that time, Taylor Swift was sailing on a cruise ship and saw they were stranded. Taylor Swift saved them and invited Bonnie and her friends to go with her to Hollywood for a day. Bonnie was absolutely thrilled and immediately began thanking her. In Hollywood they had a brilliant day and spent the whole day, riding on rollercoasters. They were also very pleased with the scrumptious food including burgers and fries and American pancakes. After the exciting day, Bonnie and her friends admired the sunset with Taylor and shared their interests with her. It turned out that Taylor was also a great fan of Disney much to Bonnie's delight and they had still kept in touch over the years.



Matilda, by Roald Dahl

Cheryl Wong, 4A

Matilda is a clever and extraordinary girl. When she was three years old, she taught herself how to read. Since then, Matilda has gone to the library to read books. Mr. and Mrs. Wormwood are Matilda's parents. They are not loving or kind and don't care about Matilda at all. They are mean and horrible! However, Miss Honey, who is her class teacher, is the opposite. She is quiet, kind-hearted, and adored by every small child under her care, especially Matilda. Miss Trunchbull, the headmistress, is cruel towards children and always hurts and embarrasses them. One day, Miss Trunchbull got a taste of her own medicine when Matilda used her secret superpower: she could move things with her mind. A few days later, Matilda faced a problem: her mum and dad said they needed to pack their things and fly to Spain because Matilda's dad stole cars and sold them. However, Matilda did not want to go with them. Miss Honey asked Mr. Wormwood for his consent to adopt Matilda, and he said yes. In the end, Matilda and Miss Honey shared a big, happy hug!

MATILDA





Travel Dairies

An Underwater Adventure in Thailand

Bella Lee, 5A

This Christmas, my family and I went to Thailand. We celebrated my father's birthday and Christmas Day. It was a thrilling experience!

First, we arrived in Bangkok at about 12 am. After we rented a car, we were on our way to Pattaya!

It was a long ride to Pattaya, so it was late when we reached the hotel. Feeling exhausted, we quickly checked in and took a long nap! The next morning, we went down to have a delicious breakfast, and then we spent the whole day shopping.

The next day, I was extremely excited. Why? It was my first diving day! I registered for a PADI open water diving course, and I had to learn diving for 3 days to get certified, and it was my first attempt ! The course wasn't easy, before learning survival skills in real life, I had to do a lot of e-learning and learn more skills and information about diving online. During my first dive, my instructor taught me a lot of skills like sharing air with your partner. After that, we finally had the chance to dive for a while. Guess what, we dived down to 7 metres, the view underwater was magnificent. It was like heaven! I couldn't wait for the next day to dive deeper and see more amazing sea creatures!

The next day, I had a new instructor. He was very kind and funny, unlike yesterday, which was about learning skills, the 2nd and 3rd day were mainly about performing the skills underwater, which wasn't easy. Every once in a while, the instructor would signal to me and my sister to do a few skills then the rest of the dive was for us to enjoy!



On my final day of diving, I had to do the most difficult skill, the one I hated the most...taking off my mask and putting it back on. Now the thing I hate the most about this skill is the fact that after taking off your mask, you couldn't see anything, doing this skill usually makes me panic as I feel like I'm blind! Finally, my sister and I passed the test and become certified divers.

On our last dive, our family had the chance to explore the amazing underwater world together. We felt weightless as we moved through the water, admiring the aquatic plants and sea creatures. The colors were bright and the sunlight created a beautiful glow and the sound of our breathing was calming. It was truly a magical experience for all of us.

On my 5th day, we officially started to get some rest. We went to the beach to relax. After that, we went back to the hotel swimming pool for a little swim. There was even a small slide! It was a relaxing and fun day.

On my last day in Thailand, we went shopping again. I got 3 cute t-shirts! After shopping, we went to the airport and flew back to Hong Kong. What an awesome journey!



SPPCS Trivia Quiz

Use the SPPCS wesbite to help you find the answers!

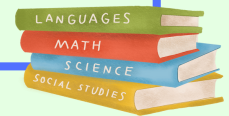
1

How many issues of the Paulinian Post have been published so far?



2

How many subjects can you find under the 'Subject World' tab?



3

What does the crown on the SPPCS logo represent?



4

How many swords are featured on the SPPCS logo?



5

How old is our school?



6

In 1982, which grades came to school in the morning?



Calling for Submissions

Dear Paulinians,

The SPPCS school newsletter is a wonderful opportunity to share your creativity and showcase the amazing things happening in our school community.

Ideas for submission:

- Creative Writing: Poems, short stories or letters
- Opinion pieces
- Book reviews
- Travel experiences
- Classroom Highlights: Fun projects or activities from your class

To submit, please email your work to annmarie@sppcs.edu.hk anytime. Remember to include your full name and class so that I can find you at school for comments or editing.

Let your creativity shine! I can't wait to see your fantastic work and share it with our school community.

Thank you for your contributions!

Best,
Miss Marie
Editor-in-Chief, Paulinian Post

